

Invest some time for yourself this summer by attending virtual educational workshops offered as part of our Employee Wellness program. Whether you are in the FRS Pension, Investment Plan, DROP, or you just want to know more about investing for the future, you can choose whichever session(s) apply to you. Each session is offered multiple times to help with your scheduling.

Weekly Workshops at 5:00pm

June 10 & 12

week 1

June 17 & 19

week 2

June 24 week 3

FRS Pension Plan & DROP

FRS Investment Plan

403(b), 457(b), Roth Plans FRS Investment Plan

Investing 101

July 1

week 4

July 10

week 5

July 22

week 6

403(b), 457(b), Roth Plans

FRS Pension Plan & DROP

Investing 101

FRS Pension Plan & DROP

Learn details on how your pension is calculated, options at retirement and DROP

FRS Investment Plan

Review how to make the most of your account and prepare for the retirement you imagine.

403b, 457b Roth Plans

Discuss the difference between these supplemental retirement savings plans, and which one may be best for you

Investing 101

Join us to learn more about the basics of investing, how to set realistic goals and practical ways to accomplish them.

Registration Link:

Financial Wellness Summer Camp

